

Journal of Clinical Case Reports, Medical Images and Health Sciences

Volume 13 Issue 1, 2025
Article Information

Received date: 12/09/2025 Published date: 07/10/2025

*Corresponding author

M.Essouri, Internal Medicine Department, RAZI Hospital, Faculty of Medicine of Tunis, Tunis Manar University, Tunisia

Email: mariem.essouri@fmt.utm.tn

Optic Neuropathy Revealing a Pituitary Macroadenoma

M.Essouri*, S. Ben Ammar ,I.M. Abbassi, N.Toujani , Z. Teyeb N. Khammassi

Internal Medicine Department, RAZI Hospital, Faculty of Medicine of Tunis, Tunis Manar University, Tunisia

This is the cerebral MRI of a 24-year-old patient with no notable medical history, referred by ophthalmologists for an etiological assessment of bilateral retrobulbar optic neuropathy.

During the interview, the patient reported experiencing headaches and bilateral galactorrhea. Physical examination revealed no abnormalities.

Laboratory tests showed an initial moderate hyperprolactinemia which normalized after a few days.

The cerebral MRI revealed a pituitary macroadenoma with suprasellar extension compressing the optic chiasma.

The patient was referred to neurosurgery for decompression surgery.

Pituitary adenoma is indeed a benign tumor with no impact on life expectancy, but it can threaten visual prognosis (1-2).

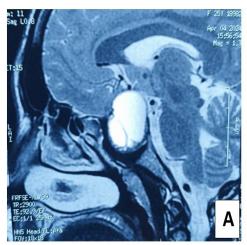




Figure 1: T2-weighted MRI sagittal (A) and coronal (B) view showing the pituitary macroadenoma with suprasellar extension



References

- Mendes R, Vydalie, ELJ, Abdellaoui, T., Fiqhi, A., Mouzari, Y., & Oubaaz, A. (2022). Pituitary Adenoma Revealed by Optic Neuropathy: A Case Report and Literature Review. Sch J Med Case Rep, 11, 1131-1135.
- Monteiro, M. L., Zambon, B. K., & Cunha, L. P. (2010). Predictive factors for the development of visual loss in patients with pituitary macroadenomas and for visual recovery after optic pathway decompression. Canadian Journal of Ophthalmology, 45(4), 404-408.

Your next submission with <u>Journal of Clinical Case</u> Reports Medical Images and Health Sciences will reach you the below assets

- Quality Editorial service
- Peer Review
- Manuscript Podcast for convenient understanding
- Global attainment for your research
- Manuscript accessibility in different formats

(Pdf, E-pub, Full Text, Audio)

• Instant DOI Activation

..........

Track the below URL for one-step submission

https://jmedcasereportsimages.org/submit-manuscript/

Citation: M.Essouri, Optic Neuropathy Revealing a Pituitary Macroadenoma. Jour of Clin Cas Rep, Med Imag and Heal Sci 13 (1)-2025.

Copyright © All rights are reserved by M.Essouri