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Nourishing Kidney, network pharmacology, ischemic stroke, kidney brain correlation, Guishen Decoction

**Mechanism Study of Guishen Decoction in Treating Ischemic Stroke Based on Network Pharmacology and Molecular Docking**

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**Abstract**

**Objective:** To explore the mechanism of Guishen Decoction in the treatment of ischemic stroke by network pharmacology, to find the essence of modern pathology in Traditional Chinese Medicine (TCM) “kidney brain correlation” theory, and to furnish notions for the development of new medicaments and the expansion and application of classical formulas.

**Methods:** The dominating chemical components and targets of mulberry, yam and dodder seed were secured through TCMSP (Traditional Chinese Medicine Systems Pharmacology Database and Analysis Platform) database, and the active components were screened in the accordance with OB (Oral bioavailability) and DL (Drug-likeness); Genecards, PharmGkb, TTD, OMIM, DrugBank and other databases obtained the main relevant targets of ischemic stroke, and employed the String platform to construe protein-protein-interactions, build PPI networks and explore potential protein functional compartments. R software was applied to essay the “drug-component-target” relationship and the biological processes and pathways involved, and Cytoscape software was utilized to establish the “nourishing kidney ingredient-ischemic stroke target-pathway” network.

**Results:** The screened core active targets of the Guishen Decoction for the treatment of ischemic stroke were prostaglandin G/H synthase 2, interleukin 10, fatty acid synthase, etc. , and most of the targets and components had good binding activity. The signaling pathway of nourishing kidney and filling essence formula for ischemic stroke mainly acts on reactive oxygen species and mitochondria.

**Conclusion:** This investigation preliminarily extrapolates the pathognomonic feature of multi-component, multi-target and multi-pathway combination of the method of Guishen Decoction in ischemic stroke, which provides ideas for the discussion of the modern medical essence of the “kidney brain correlation” theory of TCM.

**Introduction**

Stroke, which also known as cerebrovascular accident or brain vascular accident, is regarded as an acute cerebrovascular disease evoked by the rheixis or blockage of blood vessels in the brain, resulting in damage to brain tissue. It is the primary cause of disability among adults and the second leading cause of death in humans. Stroke includes two capital categories: ischemic stroke and hemorrhagic stroke, with ischemic stroke being the most prevalent (Wang et al., 2022). Ischemic stroke is individualized by high disability, mortality, and recurrence rates. In accordance with survey statistics, the onset age of strokes is decreasing year by year (Merel S. Ekker et al., 2023), and it has now become

one of the material agents of death among habitants in China (Wen-Jun Tu et al., 2023).

The temporary or permanent occlusion of cerebral blood vessels can lead to cerebral tissue ischemia, causing local brain tissue and functional damage. The extent of contaminate is associated to the duration of ischemia and reliquus blood flow: short-term incomplete ischemia only induces reversible impairment, while long-term complete or severe ischemia can reflect on cerebral ischemic infarction. Ischemic stroke causes neuronal damage through multiple pathways and targets, including apoptosis, transformation of astrocytes and neurons mediated by neural precursor cells (NPCs), and loss of neurotrophic factors (NT). In the ischemic core, neuronal cell bodies and axons disappear, and glial cells exhibit cytoplasmic swelling and nucleolar loss; in the ischemic border zone, there is disintegration of endoplasmic reticulum ribosomes and mitochondria. At this time, microglia are activated, exhibiting amoeboid-like swelling, concomitted with the generation of inflammatory substances such as cytokines, chemokines, and oxygen free radicals. Additionally, blood-brain barrier (BBB) permeability increases, allowing immune cells, like leukocytes, monocytes, and macrophages, to infiltrate the ischemic lesion, causing neurotoxicity and damaging NT (Chuan Qin et al., 2022). Cerebral tissue suffers from hypoxia and glucose deprivation due to interrupted blood flow, resulting in inadequate ATP synthesis, energy imbalance, and disturbances in ion and acid-base balance. Upon reperfusion of cerebral blood vessels, the brain tissue undergoes repeated injury, presenting pathological changes such as mitochondrial swelling, cristae rupture, endoplasmic reticulum swelling, and increased intercellular gaps of vascular endothelial cells, leading to irreversible damage (Gao et al., 2022). The concrete pathological mechanisms occurred in the cerebral ischemia reperfusion injury (CIRI), for example, the release of oxygen free radicals, calcium ion overload (Han et al., 2022), excitatory amino acids, inflammatory responses (Jurcau & Simion, 2021; Zhang et al., 2019), apoptosis (Shi et al., 2022), and depletion of high-energy phosphates (X. Li et al., 2021). These pathological changes cause cerebral tissue necrosis, structural damage, neuronal death, and local neurological dysfunction (Y. Zhao et al., 2022).

The existence of a time window for CIRI poses a dominating challenge in the diagnosis and cure process of ischemic stroke. With prolonged cerebral ischemia time, the difficulty of using drugs or surgical methods to restore cerebral blood flow increases, and the severity of CIRI worsens. Currently, the only evidence-based treatment drug accepted for treating acute ischemic stroke is recombinant tissue-type plasminogen activator (r-tPA) (Powers et al., 2019). However, this drug cannot alleviate reperfusion

injury after cerebral ischemia. Ischemic stroke is among the primary element conditions threatening human life and causing disability and cognitive impairment (Benjamin et al., 2017).

TCM has build up abundant experience in the obviattion and iateria of ischemic stroke. In “Synopsis Golden Chamber”, there is a method of “pounding the juice of sedge and pouring it into the ears, blowing the powder of honey locust into the nose” to treat blindness due to stroke. Since the Jin and Yuan Dynasties, with the gradual rise of Mingmen theory, the theory of “kidney brain correlation” has also become one of the main guiding ideas for the prevention and treatment of ischemic stroke. “Huangdi Neijing” states that the kidneys and brain are connected through the brain marrow. “Huayang Zangxiang Yuanbian” agrees with this statement and believes that the brain marrow is the main material basis for the brain to exert its physiological functions: “Within the human body, spanning from the waist to the spine, governing the limbs, connecting the joints, lies the pivotal point of the soul and the essence of life - the brain and spinal cord.” Zhang Xichun's “Yixue Zhongxi Canxi Lu” describes in detail the relationship between the brain and the kidneys under the theory of TCM: the kidneys contain innate essence, and are related to The acquired essence and Qi in the kidneys are combined into kidney essence. The kidney essence goes up the spine and perfuses into the brain. The clear part is transformed into the marrow. It is called the spinal cord in the spine. It flows into the bones and is called the bone marrow. When it enters the brain, it is called the cerebral marrow. The kidneys and brain communicate with each other through the transformation of the essence, and are connected by the bladder meridian, governor meridian, and kidney meridian, forming a “kidney-brain mutual support” relationship that is interconnected in terms of material relationships, meridians, and organ functions. Therefore, during the onset of ischemic stroke, the physiological activities occurring in the brain are severely damaged, and the method of nourishing the kidneys and replenishing essence can be used to indirectly replenish the brain marrow, abundant the prognosis methods of ischemic stroke patients and improve the prognosis of ischemic stroke patients. In modern medical research, cerebral blood flow is interrupted during cerebral ischemia injury, glucose and oxygen in the brain are depleted, ATP synthesis is interrupted, and energy is insufficient (Aleksandra Steliga et al., 2020), ion homeostasis is damaged, acid-base balance is disordered, causing brain neuroinflammation, nerve cell death, and mitochondrial dysfunction; in the core area of ischemia, brain neuron cell bodies and axons disappear (Derek Barthels & Hiranmoy Das, 2020), cytoplasmic swelling of neurons and glial cells, disappearance of nucleoli, disintegration of endoplasmic ribosomes and Nissl bodies in the ischemic penumbra

area, morphology of microglia and astrocytes Changes in (Chuan Qin et al., 2022), damage to brain endothelial cells (Lena Bourhy et al., 2022), and reduction in the number of neurons and neural stem cells (Ji Ma et al., 2017), reducing the content of brain-derived neurotrophic factor (Karantali et al., 2021), corresponding to the insufficient permeability of Qi and blood in the brain, malnutrition of brain marrow, and ineffectiveness of Yuanshen in the theory of TCM, and the hypothalamus-pituitary-adrenal axis can regulate Ca<sup>2+</sup> concentration and Ca<sup>2+</sup> channel activity (Maria Calvo-Rodriguez et al., 2020), inhibit neuroinflammatory response (Ji Ma et al., 2017; Lena Bourhy et al., 2022; S.K. Kritas et al., 2014), reduces oxygen free radical damage (Sebastian Zimmer et al., 2021), reduces neuronal and hippocampal The expression of pro-apoptotic proteins (An-rong Wang et al., 2021) protects brain tissue, which provides modern medical basis for the “kidney brain correlation” theory of TCM.

Professor Yuan Zhenyi of our school prepared the “Guishen Decoction”, which is composed of three TCMs: mulberry, yam and dodder seed. It is very effective in treating kidney Qi deficiency. The kidneys are the foundation of innateness. Kidney yang transpires and transforms into Qi, guiding the passage of water; kidney yin communicates with the liver and relieves the liver's strong Qi; kidney essence inherits the innate nature and is nourished by acquired nutrients. In Guishen Decoction, mulberry nourishes yin and blood, and also benefits moisture; yam nourishes the lungs, spleen, and kidneys, which can nourish the kidneys and astringent essence, improve intelligence and calm the mind; dodder seeds nourish the liver and kidneys, warm the kidneys, solidify essence, and reduce urination. The three medicines work together to nourish kidney Qi, kidney essence, kidney yin and kidney yang, diuretic, astringent essence, soothe the nerves and nourish blood. The properties of the three medicines are nourishing and greasy, which is consistent with the nature of the kidney as a water organ. It nourishes the kidneys, replenishes essence and nourishes vitality, and then nourish the brain. At present, the research on the treatment of stroke with kidney is gradually deepening and extensive. Ling et al (Ling et al., 2022) used Ruyi Zhenbao Pills to treat stroke, evaluation found that the patient's motor and sensory functions were restored; Li et al (L. Li et al., 2023) verified that Zuogui Pill's treatment for ischemic stroke by means of network pharmacology and in vitro experimental verification therapeutic effect of ischemic stroke; Tang et al. (Tang et al., 2012) found that kidney essence deficiency syndrome is the most common among the TCM syndrome types in patients with post-stroke dementia, and is commonly used in clinical practice. Among the kidney-based prescriptions for treating ischemic stroke, Zuogui Pills, Liuwei Dihuang Decoction, Ruyi Zhenbao Dan, etc. all contain the shadow of Guishen Decoction.

For example, Zuogui Pills contain yam and dodder seeds, while wolfberry and cooked rehmannia root are included, deer antler glue has the same effect as mulberry; Liuwei Dihuang Pills contain yam, while Rehmannia glutinosa, wine cornus and Alisma have the same effect as dodder and mulberry; Ruyi Zhenbao Dan contains long pepper, clove, galangal, fragrant celery, Cinnamon and cardamom dispel wind and cold, warm and unblock the life vessels, and have the same effect as Guishen Decoction. It can be seen that the formulation idea of Guishen Decoction has important implications in the clinical cure process of ischemic stroke building upon the “kidney brain correlation” theory. Wide range of applications. In modern medical research, mulberry could reverse the disorder of redox system in brain conducted by rotenone (Saji et al., 2016), chronic stress (Nade & Yadav, 2010), halopeidol (Nade et al., 2010), D-galactose (Turgut et al., 2016), Schistosoma mansoni infection (Bauomy, 2014), aging (Shih et al., 2010), glyphosate (Rebai et al., 2017), Alzheimer (El-Baz et al., 2016) and cholinotoxins (Wattanathorn et al., 2012), and increase the levels of antioxidant enzymes in the body including catalase (CAT), superoxide dismutase (SOD), glutathione peroxidase (GPx), glutathione S-transferase (GST), glutathione reductase (GRd), and the contents of reduced glutathione (GSH), decrease the levels of lactate dehydrogenase (LDH) activity, nitrite (NO), and malonyldialdehyde (MDA) levels, which are formed by the oxidation. Sheeba S. S. et al (Samuel et al., 2016) Comparison of mulberry leaf extract MLE-AR-14 and the effect of resveratrol on CIRI mice. Both mulberry extract and resveratrol can remarkably deplete the cerebral infarction mice's volume, and mulberry extract can reduce malondialdehyde (a kind of malondialdehyde) in serum, increase glutathione (an endogenous antioxidant) level, and exert a protective effect on nerve cells by suppressing the activity of oxygen free radicals. Studies by Kang T. H. (Kang et al., 2006), Kaewkaen P. (Kaewkaen et al., 2012) and others have proven mulberry exerts protective effects on the brain tissue of stroke rats (Tam et al., 2021). In the study of Hou et al. (Hou et al., 2023), Cuscutae can increase brain Nrf-2 and inflammatory responses caused by oxidative stress. HO-1 protein levels, reduce neuroinflammatory response in mice, and inhibit the activation of microglia and astrocytes; Ju et al (Ju et al., 2019) found that dodder it can inhibit synaptic loss in the hippocampus of Alzheimer's mice and inhibit neuronal apoptosis by inhibiting Caspase-3 activation, thereby exerting neuronal protection. Although there are few studies on yam and ischemic stroke, current research shows that yam has immunomodulatory effects and can effectively inhibit the inflammatory response (Kim et al., 2012; Lee et al., 2002).

With the advancement of bioinformatics technology and the improvement of related databases, network pharmacology technology has become one of the main

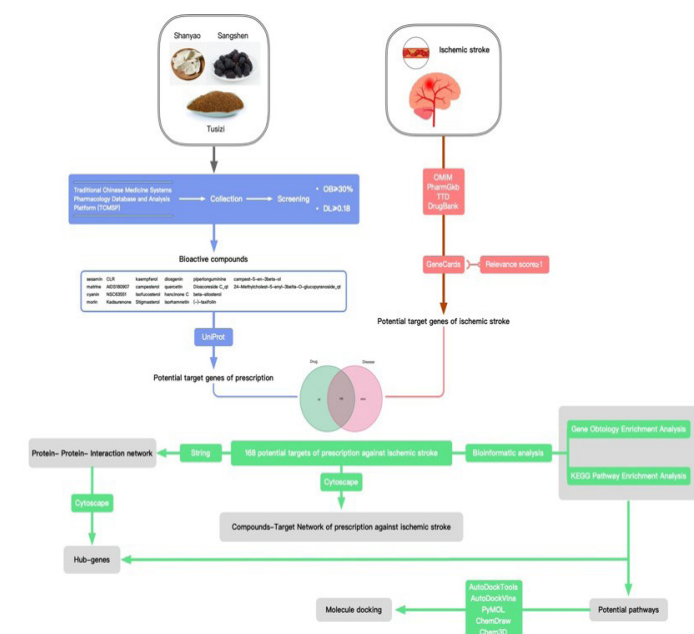


tools in drug research to reveal the relationship between drugs, targets, pathways and related diseases (S. Li & Zhang, 2014), molecular docking technology has also become an effective means to verify the potential association between active ingredients and target genes analyzed by network pharmacology (C. Liu et al., 2021). Therefore, this study uses Professor Yuan Zhenyi's self-prepared "Guishen Decoction" to conduct network pharmacology research on ischemic stroke, and conducts in-depth research on the molecular correlation between nourishing kidney and filling essence recipe and ischemic stroke through network pharmacology methods, explore the modern medical connotation of the "kidney brain correlation" theory of TCM, broaden strategies for stroke prevention and treatment using TCM, and further carry out research on the "kidney essence" mechanism.

In this study, the author plans to employ network pharmacology approaches to study the bioactive compound targets and signaling pathways of the pharmaceutical ingredients of Guishen Decoction to provide more complete TCM ideas for the ischemic stroke prevention and management. In this study, the author examined the intricate interplay among diseases, medications, and targets utilizing diverse databases and system predictions. The focus was on elucidating the pivotal targets and potential mechanisms of Guishen Decoction in managing ischemic stroke. Molecular docking technology was employed to validate the potential target of Guishen Decoction for ischemic stroke. The entire study is illustrated in Figure 1..

## Materials and Methods

### Identification and Screening of Bioactive Compounds in Guishen Decoction



**Figure 1:** Network pharmacology and molecular docking workflow of bioactive compounds in Guishen Decoction for the treatment of ischemic stroke.

Search separately using the Traditional Chinese Medicine Systems Pharmacology Database (TCMSP; <https://tcmsp-e.com/tcmsp.php>, accessed on 20 February 2024) (Ru et al., 2014) The chemical composition of the three-flavored Guishen Decoction of yam, mulberry and dodder. Guishen Decoction is an effective prescription for the treatment of ischemic stroke. The active ingredients in the drug should be able to normally complete the absorption, distribution, metabolism and excretion processes in the human body. Accordingly, we searched and evaluated the absorption, distribution, metabolism and excretion (ADME) (Williams et al., 2022) properties of the three Guishen Decoction drugs in the model of human body through the TCMSP database, and screened out compounds without ADME information. According to the standards established by the TCMSP database, compounds should meet the oral bioavailability (OB)  $\geq 30\%$  and drug-likeness (DL)  $\geq 0.18$  before they can be considered as potential bioactive ingredients of Guishen Decoction. Accordingly, OB and DL were used as key parameters to screen the compounds again.

### Prediction of Target Genes in Guishen Decoction Bioactive Compounds

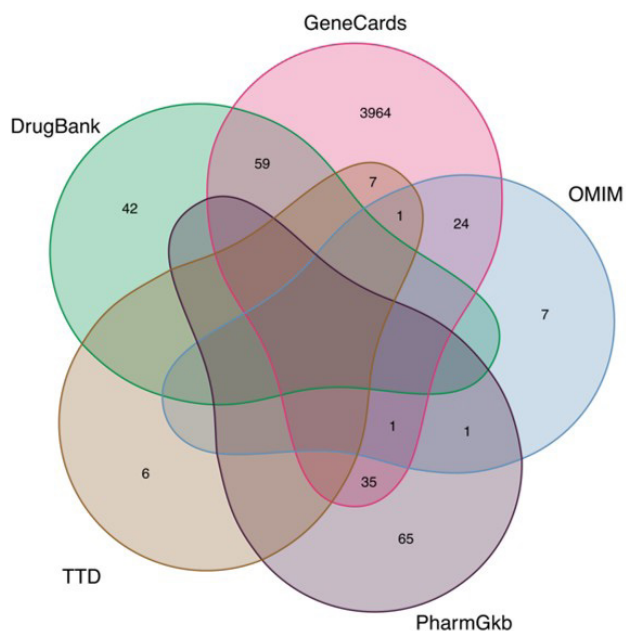
The TCMSP database was used to identify target genes of bioactive compounds found in Guishen Decoction, using the Universal Protein Knowledgebase in 2023 (UniProt; <https://www.uniprot.org/>, accessed on 20 February 2024) (Consortium, 2023) database normalizes the target gene names, deletes non-Homo sapiens category entries and duplicate entries, and organizes the final target gene list.

### Prediction of Target Genes in Ischemic Stroke

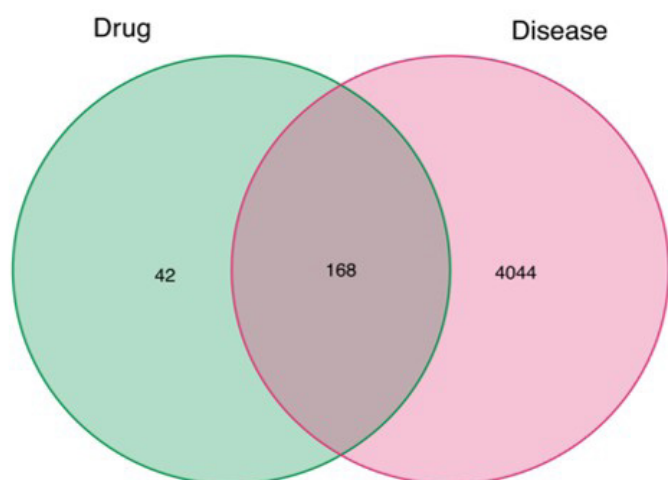
Use "Ischemic stroke" as the keyword to search in the GeneCards (<https://www.genecards.org/>, accessed on 21 February 2024) (Safran et al., 2010) database, and filter the results based on Relevance score  $\geq 1$ ; use the same keyword to search in the Online Mendelian Inheritance in Man (OMIM; <https://omim.org/>, accessed on 21 February 2024) (Amberger et al., 2015), The Pharmacogenomics Knowledgebase (PharmGKB; <https://www.pharmgkb.org/>, accessed on 21 February 2024) (Barbarino et al., 2018), Therapeutic Target Database (TTD; <http://db.idrblab.net/ttd/>, accessed on 21 February 2024) (Zhou et al., 2024) and DrugBank (<https://go.drugbank.com/>, accessed on 21 February 2024) (Knox et al., 2024) databases. The target genes lists of each database are summarized and redundant content is removed to ensure that the result list is comprehensive and not duplicated. The searches from each database were presented as Venn diagrams using R software.

### Construction of Venn Diagram

Use the venn package of R 4.3.2 software to examine



**Figure 2:** The target genes of ischemic stroke based on Genecards, Online Mendelian Inheritance in Man (OMIM), The Pharmacogenomics Knowledgebase (PharmGkb), Therapeutic Target Database (TTD) and DrugBank databases.



**Figure 3:** The potential targets of between bioactive compounds of Guishen Decoction against ischemic stroke via Venn diagram. There are 168 target genes in Guishen Decoction bioactive compounds and ischemic intersection (the middle part).

the targets of the ingredients in Guishen Decoction and the targets associated with ischemic stroke, and clarify the drug ingredient targets of Guishen Decoction that are related to ischemic stroke, the findings of the analysis are illustrated using a Venn diagram.

### Construction of “Compound-Target-Disease” Network

Use Cytoscape 3.10.1 (<https://cytoscape.org/>, accessed on 23 February 2024) software to illustrate the interaction between the drug ingredients of Guishen Decoction and ischemic stroke. The specific method is: classify and adjust the activated ingredient information of the compositions in

Guishen Decoction and integrate the data into Cytoscape software enables the active ingredients of drugs to be visually displayed in Cytoscape; taking the drug ingredients of Guishen Decoction and the common target genes of ischemic stroke as network nodes, the relationship between the active ingredients of the drug and the common target genes is Displayed in the form of connecting lines, a “compound-target-disease” network is formed.

### Protein-Protein-Interaction (PPI) Network Analysis

The STRING 12.0 (<https://cn.string-db.org/>, accessed on 23 February 2024) database was used to analyze the intersection of bioactive compounds of Guishen Decoction and ischemic stroke target genes, and the analysis content was limited to human species. , the confidence level is 0.7 and above, perform network visualization on the obtained protein, and enter the network into Cytoscape software. After integrating the data from the STRING database on the Cytoscape platform, use the CytoHubba plug-in (Chin et al., 2014) to calculate the maximum clique centrality (MCC), maximum neighborhood component (MNC) and degree values of each target gene, respectively determine the highest-ranking 10 genes with three algorithm scores, thereby determining potential central target genes in the network. The results of these three algorithms were copied into a set of target genes that were used as potential key targets in the network.

### Gene Ontology and Pathway Enrichment Analysis

For the purpose of exploring the potential mechanism of action between the medicinal ingredients of Guishen Decoction and ischemic stroke, the Database for Annotation, Visualization, and Integrated Discovery database (DAVID), version 2021 (<https://david.ncifcrf.gov/home.jsp>, accessed on 25 February 2024) (Sherman et al., 2022) was deployed to analyze biological functions, cellular structures, molecular activities and signaling cascades (Dennis et al., 2003; Huang et al., 2009; Kanehisa et al., 2023) to obtain GO, and the first 15 results of KEGG analysis, using the Bioinformatic (<https://www.bioinformatics.com.cn>, accessed on 25 February 2024) platform to visualize the results. After calculating the P value, statistically significant results have a P value of less than 0.05.

### Molecular Docking

To analyse the interaction between the Guishen Decoction and the main genes specified via the UniProt database molecular connection is used to find the UniProt ID of the main gene., and the crystal structure of the core gene was searched in the RCSB protein database (<https://www.rcsb.org/>, accessed on 25 February 2024) (Berman et al., 2000) based on the protein ID, resulting in IL6 (UniProt ID: P05231; PDB ID: 1ALU), TNF (UniPort ID: P01375; PDB

ID: 1TNF), IL1B (UniProt ID: P01584; PDB ID: 1HIB). Import the three-dimensional structure of the core gene into PyMOL 2.5 (<https://pymol.org/>, accessed on 25 February 2024) software, remove water molecules and existing small molecule ligands, and obtain the protein ligand file; use the PubChem database (<https://pubchem.ncbi.nlm.nih.gov/>, accessed on 25 February 2024) (Kim et al., 2021) to search Guishen Decoction active ingredients matrine, quercetin, kaempferol For 2D structure, ChemOffice 22 (<https://www.chemdraw.com.cn/>, accessed on 25 February 2024) software was used to convert the 2D structure of the active ingredient into a three-dimensional structure, and the three-dimensional structure was optimized using minimum energy. Using the active ingredient as the ligand and the core gene as the receptor, AutoDockTools 4.2 (<http://autodock.scripps.edu/>, accessed on 25 February 2024) (Morris et al., 2009) software was used to predict the binding conformation between the ligand and the receptor, and AutoDockVina 1.2.0 (<https://vina.scripps.edu/>, accessed on 25 February 2024) (Eberhardt et al., 2021; Trott & Olson, 2010) software was used to visualize the molecular interaction between the protein and the ligand.

## Results

### Identification and Screening of Active Compounds in Guishen Decoction

Search the active compounds of the Guishen Decoction drug according to the TCMSP website, and a total of 191 bioactive compounds were obtained. All results were screened and sorted using  $OB \geq 30\%$  and  $DL \geq 0.18$  as the filtering conditions. The UniProt website was adopted to identify the protein target names. After annotation, a total of 33 active ingredients were found in the whole prescription.

After excluding the ingredients whose corresponding targets could not be found, the remaining 22 kinds were found. There were a total of 210 corresponding target proteins, which can be used for further analysis (Table 1).

### Target Gene Prediction of Ischemic Stroke

Through a comprehensive search of five databases: GeneCards, Online Mendelian Inheritance in Man (OMIM), The Pharmacogenomics Knowledgebase (PharmGKB), Therapeutic Target Database (TTD), and DrugBank, 4212 target genes related to ischemic stroke were collected (Figure 2).

### Common Target of Guishen Decoction and Ischemic Stroke

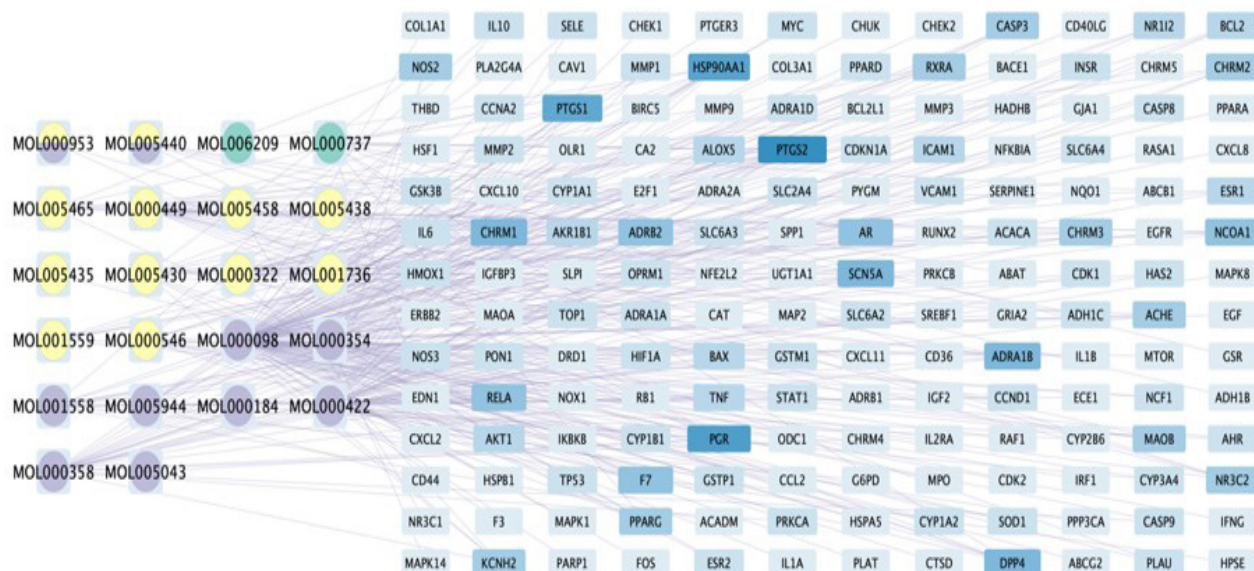
Venn diagram was used to show the potential targets of Guishen Decoction for ischemic stroke (Figure. 3). This Figure shows 168 intersection target genes of Guishen Decoction and ischemic stroke.

### Compound-Target Network Constructions

Cytoscape software was used to describe the interaction between the bioactive components of Guishen Decoction and its potential targets for the treatment of ischemic stroke (Figure 4).

### Protein-Protein Interaction (PPI) Network

By employing the STRING database and Cytoscape software, we depicted the interaction network between the active compounds of Guishen Decoction and their potential targets for treating ischemic stroke through protein-protein interaction (PPI) analysis (Figure 5). The resulting network has 168 nodes, with 1271 edges after hiding unconnected nodes representing proteins and protein-



**Figure 4:** The compound-target network of Guishen Decoction bioactive compounds against ischemic stroke by using Cytoscape. The blue nodes represent the interacting target genes between the compound (yellow, green and purple nodes) and the ischemic stroke.



**Table 1:** The pharmacokinetic properties of the bioactive ingredients of Guishen Decoction based on Traditional Chinese Medicine Systems Pharmacology (TCMSP) database and Uniprot database.

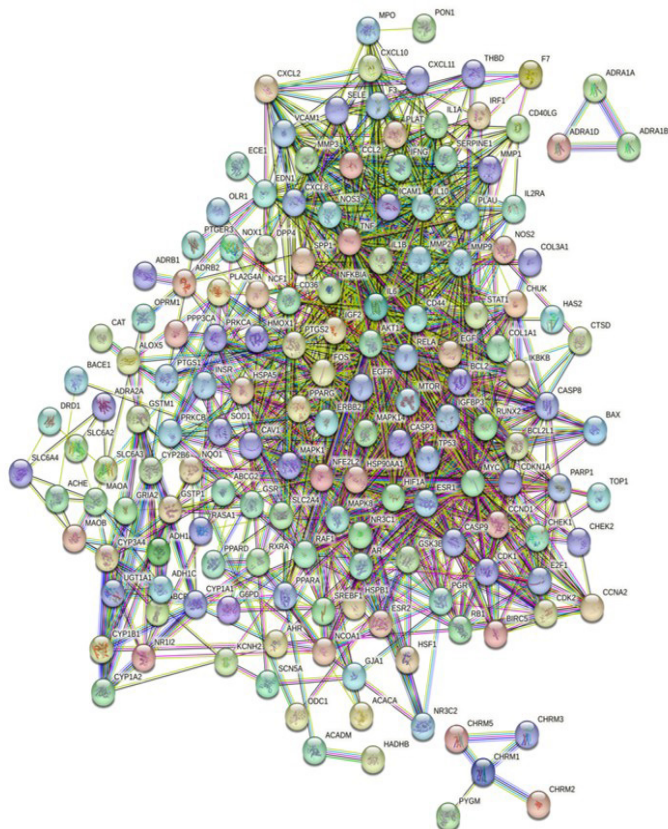
Drug	Mol ID	Ingredient	Oral Bioavailability OB (≥30%)	Drug-Likeness DL (≥0.18)	Target number
mulberry	MOL010300	dIDP	41.08	0.57	none
mulberry	MOL002372	(6Z,10E,14E,18E)-2,6,10,15,19,23-hexamethyltetracos-2,6,10,14,18,22-hexaene	33.55	0.42	none
mulberry	MOL006209	cyanin	47.42	0.76	2
mulberry	MOL000737	morin	46.23	0.27	14
mulberry	MOL002773	beta-carotene	37.18	0.58	none
mulberry	MOL000098	quercetin	46.43	0.28	136
yam	MOL000310	DenuclatinB	61.47	0.38	none
yam	MOL000322	Kadsurenone	54.72	0.38	22
yam	MOL000449	Stigmasterol	43.83	0.76	27
yam	MOL000546	diosgenin	80.88	0.81	15
yam	MOL000953	CLR	37.87	0.68	3
yam	MOL001559	piperlonguminine	30.71	0.18	8
yam	MOL001736	(-)-taxifolin	60.51	0.27	3
yam	MOL005429	hancinol	64.01	0.37	none
yam	MOL005430	hancinoneC	59.05	0.39	17
yam	MOL005435	24-Methylcholest-5-enyl-3beta-O-glucopyranoside_qt	37.58	0.72	1
yam	MOL005438	campesterol	37.58	0.71	1
yam	MOL005440	Isofucosterol	43.78	0.76	9
yam	MOL005458	DioscoresideC_qt	36.38	0.87	2
yam	MOL005461	Doradexanthin	38.16	0.54	none
yam	MOL005463	Methylcimicifugoside_qt	31.69	0.24	none
yam	MOL005465	AIDS180907	45.33	0.77	10
dodder seed	MOL001558	sesamin	56.55	0.83	20
dodder seed	MOL000184	NSC63551	39.25	0.76	1
dodder seed	MOL000354	isorhamnetin	49.6	0.31	29
dodder seed	MOL000358	beta-sitosterol	36.91	0.75	27
dodder seed	MOL000422	kaempferol	41.88	0.24	54
dodder seed	MOL005043	campest-5-en-3beta-ol	37.58	0.71	1
dodder seed	MOL005440	Isofucosterol	43.78	0.76	9
dodder seed	MOL005944	matrine	63.77	0.25	10
dodder seed	MOL006649	sophranol	55.42	0.28	none
dodder seed	MOL000953	CLR	37.87	0.68	3
dodder seed	MOL000098	quercetin	46.43	0.28	136

protein associations, compared to the expected 335 edges, meaning that network interactions for this 168 targets are significantly enriched, and indicates that the proteins are at least partially biologically connected, as a group. Use the CytoHubba plug-in in the Cytoscape software to assign scores to the Betweenness, Closeness, Degree, Eigenvector, Information and LAC values of the PPI network nodes, and filter out each score to be greater than the median. Targets were finally identified as 21 core targets of Guishen Decoction on ischemic stroke (Figure 6).

### Gene Ontology and Pathway Enrichment Analysis

In order to further understand the biological processes, cellular components, molecular functions and pathways involved in the therapeutic effect of Guishen Decoction bioactive compounds on ischemic stroke, a Gene Ontology (GO) study and Kyoto Encyclopedia of Genes and Genomes

(KEGG) pathway enrichment analysis was conducted using DAVID bioinformatics resources and the Bioinformatics platform. The results of GO analysis (Figure 7) show that the targets of the bioactive compounds in Guishen Decoction are the most significant biological processes related to xenobiotic stimulus and lipopolysaccharide. Analysis of cellular components showed that these targets mainly involved membrane raft, membrane microdomain and caveola. In terms of molecular function, the top 10 significantly enriched terms include DNA-binding transcription factor binding, G protein-coupled amine receptor activity and transcription coregulator binding. The results of KEGG analysis (Figure 8) show that many targets of the bioactive compounds of Guishen Decoction on ischemic stroke are enriched in signaling pathways, such as lipid and atherosclerosis, AGE-RAGE signaling pathway in diabetic complications, fluid shear stress and

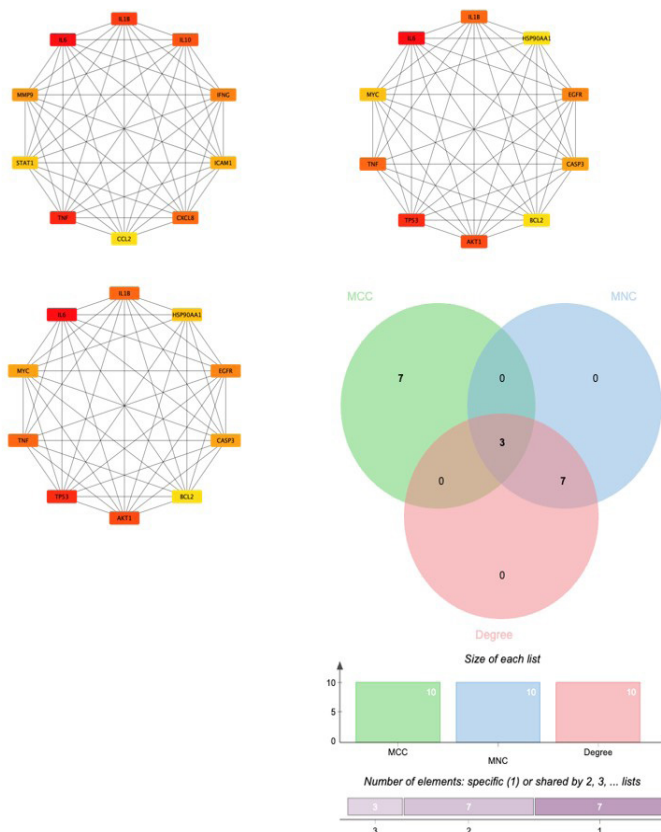


**Figure 5:** Protein-protein interaction networks are constructed using the STRING database. The network nodes represent proteins, each node represents all the proteins produced by a single, protein-coding gene locus. The colored nodes represent query proteins and first shell of interactors, and the white nodes representing the second shell of interactors. The edges represent protein-protein associations, the confidence levels of interaction are visually represented in the network diagram using color edges, including from curated databases, experimentally determined, gene neighborhood, gene fusions, gene co-occurrence, text-mining, co-expression and protein homology.

atherosclerosis and prostate cancer. Through the analysis of metabolic pathways, signaling pathways such as pathways of neurodegeneration are directly related to ischemic stroke. Find the potential targets and mechanisms of Guishen Decoction to treat ischemic stroke by regulating Pathways of neurodegeneration (Figure 9).

### Molecular Docking

Through molecular docking research, the interaction relationship between the three active compounds selected in Guishen Decoction (matrine, kaempferol, quercetin) and three potential target genes (IL6, IL1B, TNF) was analyzed. AutoDockTools software was used to conduct molecular docking studies, and a total of 9 docking results were obtained, 7 of which had binding energies that resisted -5.0 kcal/mol. The docking scores are shown in Table 2. The lower the binding energy, the tighter the binding between the compound and the protein. The binding



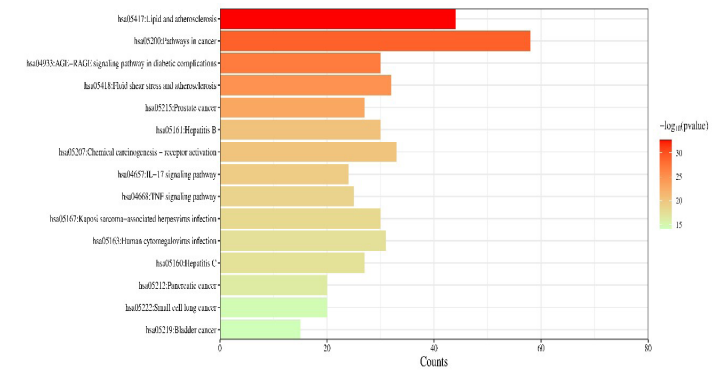
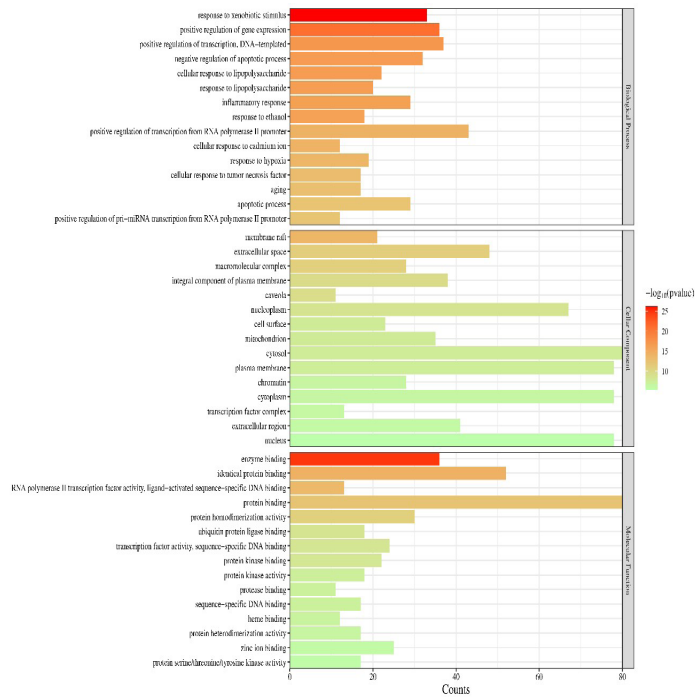
**Figure 6:** By combining 3 algorithms, MCC, MNC, degree, the key gene network of Guishen Decoction bioactive compounds with scores above the median for ischemic stroke was screened out. The genes with the highest values are considered the most important key genes and are indicated in yellow. Conversely, genes with lower values are considered less important and are indicated in blue, indicating each gene's ranking position in the network.

energy of kaempferol and quercetin to each target gene is lower than -5.0 kcal/mol. Therefore, kaempferol and quercetin are important in the treatment of ischemic stroke. Play a particularly important role. The results show that most active ingredients have strong binding ability to the target gene TNF. The docking scores of kaempferol, matrine and quercetin combined with TNF are -6.6, -4.9 and -6.7 respectively. This result suggests that the bioactive compounds target TNF of Guishen Decoction may play a key role in the treatment of ischemic stroke. Use PyMOL to construct visualizations of the lowest binding energies between targets and bioactive compounds.

### Discussion

The complexity of ischemic stroke's mechanism is profound, and the process of damage to neurons and brain tissue is related to various programmed cell deaths such as apoptosis, pyroptosis, and ferroptosis. The basic process of this disease is that internal and external factors damage the brain, resulting in the interruption or reduction of local blood supply to the brain, and brain cells die due to the inability of the brain tissue to obtain oxygen and other



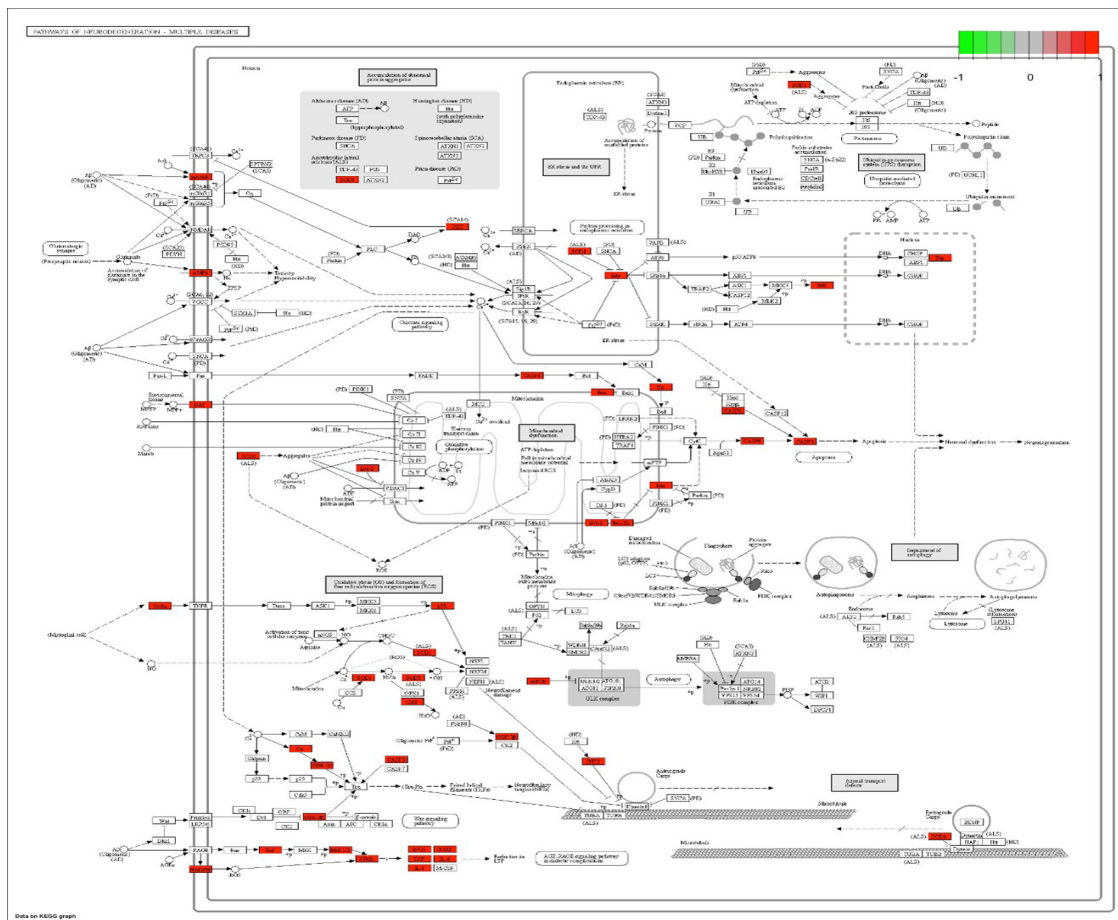


**Figure 8:** Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway enrichment analysis. The bar chart visualizes the top 30 enriched KEGG pathways of Guishen Decoction against ischemic stroke.

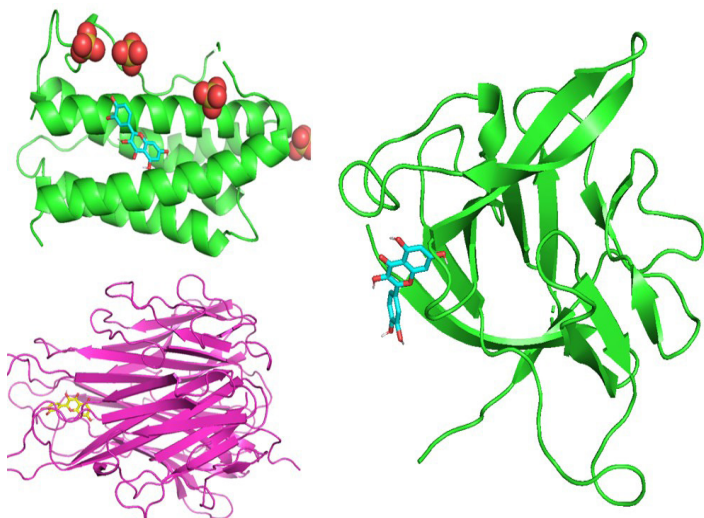
**Table 2:** Binding energy between active compounds and three core targets of Guishen Decoction

Compound	Binding Energy (kcal/mol)		
	IL 6	IL 1 B	TNF
kaempferol	-5.5	-5.4	-6.6
matrine	-4.7	-4.3	-4.9
quercetin	-5.6	-5.6	-6.7

**Figure 7:** Gene ontology (GO) enrichment analysis. The bar chart represents the most significantly enriched GO terms in biological processes, cellular components, and molecular function, comprising the top 10 terms related to the target genes.



**Figure 9:** Potential targets and mechanism of bioactive compounds in Guishen Decoction against ischemic stroke. The figure represents the neurotrophin signaling pathway. The red ndoes represent the genes targeted within the pathways of neurodegeneration.



**Figure 10:** Molecular docking results of the lowest binding energy in each target with the bioactive compound of Guishen Decoction (a) IL6-quercetin, (b) IL1B-quercetin, (c) TNF-quercetin.

nutrients (Rui Mao et al., 2022). Although r-tPA remains the most efficacious medication for treating this condition, only 11% of patients are eligible for its use due to the constraints imposed by the time window for intervention. (F. Zhao et al., 2023), therefore, finding alternative treatments for ischemic stroke from TCM is one of the important directions for the development of TCM in the new era.

Clinical work and related literature research have validated that Guishen Decoction has a definite therapeutic effect on ischemic stroke. In previous studies, researchers have confirmed the correlation between ischemic stroke and kidneys (T Olsson et al., 1992), TCM prescriptions can not only be used in the treatment of kidney disease (Yang et al., 2022), but also through The method of nourishing kidney and yin indirectly affects the brain (Y. Liu et al., 2024), achieving the effect of protecting brain neurons. As a kidney-tonifying and essence- replenishing prescription, the medicinal composition of Guishen Decoction has the effect of inhibiting the activity of oxygen free radicals, suppressing the activation of microglia and astrocytes, and reducing inflammatory reactions. In order to verify the therapeutic effect of Guishen Decoction on ischemic stroke through further research, and to understand as fully as possible the target and mechanism of Guishen Decoction in the treatment of ischemic stroke, this study Network pharmacology and molecular docking technology were employed to study the positive effect of Guishen Decoction on the treatment of ischemic stroke.

After network pharmacology analysis, this study identified 191 potential bioactive compound targets of Guishen Decoction; in the network diagram, this article focused on three central targets: IL6, IL1B, and TNF. To elucidate the pharmacokinetic characteristics of Guishen Decoction bioactive decoder compounds in ischemic brain

injury, this study used oral bioavailability (OB)  $\geq 30\%$  and drug-likeness (DL)  $\geq 0.18$  as the screening criteria, and Discard the remaining compounds whose corresponding targets cannot be obtained, and only summarize the remaining compounds as potential bioactive compounds. Three compounds, matrine, quercetin, and kaempferol, were selected from Guishen Decoction for further research because they meet the criteria for drug screening and may play an important role in the treatment of ischemic stroke.

Interpreting the KEGG pathway results in the process of GO and KEGG enrichment analysis shows that Apoptosis, Neurotrophin signaling pathway, Pathways of neurodegeneration, Glioma, lipids, IL-17 signaling pathway, HIF-1 signaling pathway, etc. have all been confirmed and lacking. (Cui et al., 2021; Ghosh et al., 2019; Yang C et al., 2019), this article conducts visual research on related signaling pathways, and conducts molecular docking verification of 3 key targets and 3 active ingredients. The results show that quercetin and kaempferol play an important role in the treatment of ischemic stroke, as these compounds can be closely bound in the active pouch of key targets with low binding energy. At the same time, TNF looks relatively well with most of guishen's active analgesics.

This article uses network pharmacology and molecular docking to study the potential active ingredients, possible relevant targets and important biological pathways of Guishen Decoction in the treatment of ischemic stroke, providing a preliminary theory for further experimental research. It must be noted that the pharmacological mechanisms proposed in this article are all derived from network pharmacology technology and require further verification by pharmacological and clinical studies.

## Conclusions

In summary, this article uses network pharmacology and molecular docking methods to study the potential mechanism of the bioactive compounds of Guishen Decoction in the treatment of ischemic stroke. The results show that matrine, quercetin, Compounds such as kaempferol may have a therapeutic effect on ischemic stroke through key biological targets such as IL6, IL1B, and TNF. Molecular docking studies have shown that the active ingredients of Guishen Decoction can interact with these targets relatively effectively. These conclusions provide a valuable basis for further clinical and pharmacological research.

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