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***Key Words:**

Dr Batra's, Homeopathy, Erythrodermic Psoriasis

Homoeopathic Management of Erythrodermic Psoriasis

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Abstract

Psoriasis is a chronic, non-contagious, inflammatory skin disorder that is often characterized by the rapid multiplication of skin cells, leading to scaling and itching. It is an autoimmune disease and can be localized or generalized. This paper focuses on a 17-year-old female patient suffering from chronic psoriasis for 5–6 years presented with severe symptoms that hindered her daily life. She had visited 10-15 doctors with no lasting relief, until she sought treatment at Dr. Batra's homeopathy. After homeopathic treatment, she experienced 90% improvement, both physically and emotionally.

Introduction

Psoriasis is a chronic inflammatory condition that occurs when the immune system mistakenly attacks healthy skin cells, causing them to grow too rapidly. This leads to the characteristic patches of raised, red, scaly skin. The disease can be localized or affect larger areas, and it is often exacerbated by stress, infections, or environmental factors such as cold weather. Homeopathic treatments focus on addressing the root causes, including physical, emotional, and immune system factors, offering a holistic approach to managing the disease.

Case Profile

A 19-year-old female patient presented with complaints of intense itching and scaling all over her body, with skin shedding and cracks. The cracks caused bleeding, particularly during movement. This condition had persisted for four years. The patient experienced relief when cold water was poured over the affected areas. Her symptoms worsened with air drafts, at night, during sleep, and especially in winter. The patient had stopped attending school due to her skin condition, and no other major complaints were reported.

Mental Generals

The patient reported feeling neglected by her family after her skin condition developed. She believed that her family favored her brother over her, which caused emotional distress. She became easily offended and experienced feelings of isolation, as her family seemed to neglect her needs. Over time, these emotional burdens led to a lack of emotional connection with her family.

Physical Generals

Diet	Mixed
Appetite	Good
Desire	Salty
Aversion	None
Thermal Reaction	Ambithermal
Thirst	Average - 3-4 liters per day
Stools	Occasional constipation
Urine	Normal
Perspiration	During physical activity
Sleep	Sound
Dreams	None

and friends. While sharing her complaints, she was prone to crying, which reflects the deep emotional pain associated with her condition.

Past History

At the age of 10, the patient had Typhoid fever, which was treated with Ayurvedic medicine and fully resolved.

Family History

Mother: Had similar skin complaints but is now cured.

Father: Diabetes.

Case Analysis

Rubrics

MIND: Abrupt

MIND: Discouraged

MIND: Anger

MIND: Indifference

MIND: offended, easily

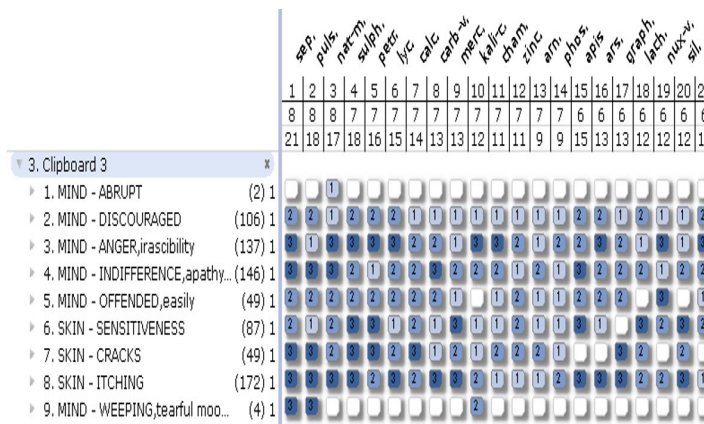
MIND: weeping, tearful mood

SKIN: Sensitiveness

SKIN: Cracks

SKIN: Itching

Repertorial screenshot



Rubric	Count	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
3. Clipboard 3	x																						
1. MIND - ABRUPT	(2) 1																						
2. MIND - DISCOURAGED	(106) 1	2	2	1	2	2	2	1	1	1	1	1	1	1	1	2	2	1	2	1	1	2	2
3. MIND - ANGER,irascibility	(137) 1	3	1	3	3	3	2	2	1	3	3	2	1	2	2	3	3	2	1	3	1	3	3
4. MIND - INDIFFERENCE,apathy...	(146) 1	3	3	3	2	1	2	2	3	2	2	2	1	2	1	3	2	2	2	1	2	2	2
5. MIND - OFFENDED,easily	(49) 1	2	2	2	2	2	2	2	1	1	2	1	1	2	1	2	2	2	2	1	1	2	1
6. SKIN - SENSITIVENESS	(87) 1	2	1	2	3	3	1	2	1	3	1	1	2	1	1	3	1	3	2	3	2	3	2
7. SKIN - CRACKS	(49) 1	3	3	2	3	3	2	3	1	2	1	2	2	2	1	3	2	3	2	2	2	3	2
8. SKIN - ITCHING	(172) 1	3	3	3	3	2	3	2	3	3	2	1	1	1	2	3	3	3	2	2	3	3	1
9. MIND - WEEPING,tearful moo...	(4) 1	3	3								2												

Selection of Remedy

Remedy	Reason
Constitutional	Pulsatilla Nigricans 200, 2 doses weekly The remedy is selected due to its emotional nature, crying tendencies, and susceptibility to cold and air drafts. It addresses the overall emotions and skin conditions.

Miasmatic Approach

Symptoms	Psora	Sycosis	Syphilis	Tubercular
Itching all over the body	Yes			
Scaling of skin	Yes			
Cracks with bleeding in skin	Yes			
No desire to eat	Yes			
Constantly crying	Yes			
Miasmatic Predominance	Psora			

Results

Months	Progress	Prescription
1st Month	Improvement in itching, no change in scaling. No appetite or thirst, constant crying.	Pulsatilla Nigricans 200, 2 doses weekly
2nd Month	Noticeable improvement in scaling and itching, increased thirst, and appetite.	Pulsatilla Nigricans 200, 2 doses
3rd Month	Continued improvement in scaling and itching, patient feeling better overall.	Pulsatilla Nigricans 200, 2 doses weekly
4th Month	Remarkable improvement in scaling, itching, and bleeding.	Pulsatilla Nigricans 200, 2 doses weekly
5th Month	Sac lac for maintenance.	Sac lac.
6th Month	Further improvement in emotional state and skin condition.	Pulsatilla Nigricans 200, 2 doses weekly.
7th Month	Maintenance continued with Sac lac.	Sac lac.
8th Month	Ongoing stability in condition.	Pulsatilla Nigricans 200, 2 doses weekly.
9th Month	Continued improvement, symptoms nearly resolved.	Sac lac.
10th Month	Skin condition fully improved, emotional state stable.	Pulsatilla Nigricans 200, 2 doses weekly.
11th Month	Full recovery.	Sac lac.
12th Month	Complete resolution of symptoms.	No further treatment.

Materials and Methods

Kent's Repertory was used for repertorization.

Discussion & Conclusion

Homeopathic treatment focuses on treating the person as a whole, considering both mental and physical symptoms. In this case, significant emotional trauma related to family neglect and the physical symptoms of psoriasis were addressed using Pulsatilla Nigricans. This treatment not only improved the skin condition but also restored the patient's emotional well-being, allowing her to regain confidence and resume a normal life.

The Transformation
BEFORE TRANSFORMATION



AFTER TRANSFORMATION




Testimonial

TESTIMONIAL

NAME :- Madhu .
AILMENT :- Psoriasis
PATIENT CODE :-
CLINIC NAME :-
DOCTOR'S NAME :-

REMARKS :

मैं मधु मुझे 7 years से psoriasis.
 से suffers कर रही थी, मैंने M.P में 10-20 doctors
 को दिखाया लेकिन कभी भी असर नहीं मिला, मैंने
 पूरे शरीर से मसिक ठोस से पेशान हो चुके थे
 मुझे की ने फिर Dr. Bahra के पास में बताया. Dr
 Homeopathy से शुरु किया अब मे 90% ठीक है, बहुत
 खुश अब मैंने लगे को face कर पाती हू. Dr. School
 ही जाना शुरू कर दिया. मैंने बहुत बहुत अक्षय
 है. आपका. Thankyou Dr. Prakriti mam., Dr. Bahra's
 and staff.



Date: _____ **Signature**
 मधु रघुवंशी

Place: Bhopal Clinic